### **Edible Bray** Monthly Growing Guide - July 2023



*July* is a great month for enjoying the fruits of our labours in Spring and planting out crops for the Autumn and Winter. Watch out for signs of potato and tomato blight, if conditions turn humid.

### **Sowing Outdoors Into Soil Or Containers.**

Succession swing of ; Beetroot, Radishes, and Lettuce.

Cauliflower, Cabbage, Kale, Broccoli, Purple Kale, Pumpkins and Squashes, Pak Choi. Fennel, Peas and Beans, Carrots (last chance!), Spinach, Xmas spuds (try Charlotte).

### **Sowing Indoors In Pots Or Trays**

Sprouts, Cabbage, Cauliflower, Broccoli, Pak Choi.

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# **Planting Out**

Sprouts, Peas and Beans, Leeks, Spring Onions, Marigolds and Nasturtiums(to protect carrots).

### Tasks

- Water all of your sowing and plants weekly or twice weekly indoors or in dry weather. Collect Rainwater for Summer use.
- Feed tomatoes and cucumbers weekly with organic liquid feed. Pinch out side shoots on tomatoes.
- Weed all planted areas thoroughly to prevent weeds being a problem in late summer.
- Check , Clean and Sharpen Tools.
- Continue organic Wildlife Management Measures. Use no chemicals.
- *Remember to feed and water all containers regularly.*

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- Use net or fleece to protect sprouts from birds.
- Ensure a trusted person looks after your plants if you are on holiday.

# Harvesting

Harvest and enjoy, early potatoes, courgettes, onions, peas, beans, lettuce, beetroot, carrots, radishes, gooseberries, strawberries, summer fruiting raspberries, blackcurrants, cucumbers and tomatoes.