### *Edible Bray* Monthly Growing Guide - August 2023



*August* is a time for harvesting summer crops and planning ahead for Autumn and Winter. Look out for signs of potato and tomato blight and any damage by slugs, snails and caterpillars.

### **Sowing Outdoors Into Soil Or Containers**

Beetroot, Radishes, Rocket ,Lettuce, Cauliflower, Cabbage, Pak Choi, Kale,Peas and Beans, Spinach, Xmas spuds.

#### **Sowing Indoors In Pots Or Trays**

Kale, Cabbage, Cauliflower, Broccoli, Pak Choi.

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#### **Planting Out**

Seedlings of Winter and Spring Greens and Salads.

### Tasks

- Water all of your sowing and plants weekly or twice weekly indoors or in dry weather. Collect Rainwater for Summer use.
- Feed tomatoes and cucumbers weekly with organic liquid feed. Pinch out side shoots on tomatoes.
- Weed all planted areas regularly.
- Check , Clean and Sharpen Tools.
- Continue organic Wildlife Management Measures. Use no chemicals.
- *Remember to feed and water all containers regularly.*
- Use net or fleece to protect sprouts from birds.
- Ensure a trusted person looks after your plants if you are on

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holiday.

• Summer prune apple trees to promote future growth.

## Harvesting

Potatoes, courgettes, onions, peas, shallots, garlic, peas, beans, lettuce, beetroot, carrots, radishes, gooseberries, strawberries, summer fruiting raspberries, blackcurrants, cucumbers and tomatoes.

# **Monthly Tip**

August sees an upsurge in ant activity, Nests produce swarms of flying ants to set up new colonies. If you are worried about ants coming into your home, place mint plants in pots or containers by your doors or windows. Ants don't like the scent of mint and will avoid it. No need to use poison on them.